

Willkommen und Grundlagen
Welcome and Basics

Positionierung & Bewegung
Position & Movement

Attacke und Defensive
Attack & defense

Turnier
Tournament

Time	Freitag / Friday 17.5.2024	Samstag / Saturday 18.5.2024	Sonntag / Sunday 19.5.2024	Montag / Monday 20.5.2024
08:00				
08:30				
09:00				
09:30		Squash Training Gruppe I 09:30 - 11:00 Marktausflug IT - 09:00 - 13:00	Squash Training Gruppe II 09:30 - 11:00	Squash Camp Turnier
10:00				
10:30		Squash Training Gruppe II 11:00 - 12:30 Marktausflug IT - 09:00 - 13:00	Squash Training Gruppe I 11:00 - 12:30	
11:00				
11:30	Willkommens Presentation Ort: Unterkunft 12:00-13:00			
12:00				
12:30				
13:00				
13:30				
14:00				Abschluss
14:30				
15:00				
15:30	Squash Training Gruppe II 15:30 - 17:00	Squash Training Gruppe I 15:30 - 17:00 Wein Degustation	Squash Training Gruppe II 15:30 - 17:00	
16:00				
16:30		Squash Training Gruppe II 17:00 - 18:30 Wein Degustation	Squash Training Gruppe I 17:00 - 18:30	
17:00	Squash Training Gruppe I 17:00 - 18:30			
17:30				
18:00				
18:30				
19:00	Freie Zeit / Free Time			
19:30				
20:00				
20:30				
21:00				
21:30				

Frühstück/ Brunch

Mittagessen/ Lunch

Abendessen/ Dinner